



Multi Events Recording Sheet

After each event record the overall
teams points scores.

Use this recording sheet in conjunction with the 'Multi Events Circuit' found in our
'Athletics Teaching Made Easy' Resource Book

Event 1	Relay <div>MINS SECS</div>	Time for completing the correct number of Shuttles
Event 2	Medicine Ball Throw <div>PTS</div>	Add up the points scored by each member of the team
Event 3	Long Jump <div>PTS</div>	Check each athlete takes off on 2 feet and lands on 2 feet. Points are scored where the heels land
Event 4	Vertical Jump <div>PTS</div>	Check the points on the wall and add up where each athletes hand touches the wall
Event 5	Throwing Javelin <div>PTS</div>	As the athletes throw against the wall watch where the rebound lands and add up the points
Event 6	Triple Jump <div>PTS</div>	Watch the athlete completes the correct technique. Add up the score where the Athletes land

After all events add up all the scores and record total points

Total Points

PTS

Relay Time

MINS

SECS

Over all the events which athlete do you think was the best performer

Name

Reason